

Guidelines for GREAT Singing

From Diane Porsch, Vocal Instructor

Mouth Posture

- Show a bit of the top teeth while singing
- Allow the lips to be soft. Rigidity is to be avoided because over-production causes tension.
- Sing within your “goal posts”. (North & South space...always)

Relaxed Jaw

- Allow space between upper and lower molars. (Index finger!)
- Allow the corners of the mouth, not the jaw, to move forward.
- Relax the jaw. Allow it to hinge...not jut or draw excessively.

Tongue

- Tongue should lie flat on the floor of the mouth.
- Pink, wide, flat tongue should be visible at all times.
- Tip of tongue should return to “home base”, touching lower gum line.

Where are YOU on the “singing scale”?

Unconsciously Incompetent

Not aware that you are not aware...

Consciously Incompetent

Aware but not always doing it correctly...

Consciously Competent

Can do it if you think about it...

Unconsciously Competent

*You just don't have to *think* about it anymore...*