

## Rehearsal Psychology and Strategy

# REVITALIZE YOUR REHEARSAL

You have the opportunity to make your Rehearsal the highlight of the week for each of your members....why would you choose any less?? There are many ways to schedule rehearsals, and just when you've planned perfectly, adjustments need to be made. Nevertheless, here's a sample....for directors only!

### ***REHEARSAL IS LIKE A SONG.....***

***CAREFULLY STRUCTURED FOR THE MAXIMUM EFFECT.***

#### **First Impressions:**

**Atmosphere**  
**Meeters 'n Greeters**  
**Rehearsal Plan**  
**Organization**

#### ***INTRO:* - Start/End on Time – Plan For FUN**

**Introduce guests**  
**Physical preparation – dances, exercises, games, routines, rhythm, stretching**  
**Vocal Preparation**  
**Variety of Vocalese – covering full range of singers**  
**Movement with vocals**  
**New words to old exercises – use words/vowels from your songs**  
**Parts of chorus songs**  
**Rhythm**  
**Character/Mood**  
**Add fun challenges – key changes, bell chords etc.**

#### ***VERSE:* - fixing, refining, learning, drill**

**Communication**  
**Word choice – clear, positive instruction**  
**Physical/Verbal**  
**Interpretation Review**  
**Repertoire Review**  
**Insist and Praise**  
**Drill Techniques**  
**Making progress**  
**Tempo/Rhythm**  
**Work small troublesome areas**  
**Random Selection**  
**Learning time**  
**Section rehearsals with specific assignments**  
**New Song**  
**New/ Review Choreography**

**CHORUS: - Putting it all together**

Singing all the way through songs, taping if necessary

**CLIMAX: - Performance Time**

Sing contest package, several times in a row

Emcee practice time with repertoire material

POD – Performance on Demand

Minimal feedback

Director tapes performance in preparation for next week's priorities

**TAG: Finish on a High**

Awards

Direct a song opportunity

Tag quarteting

Variety

MIMIMAL announcements

End by circling up and singing □

**OTHER SUGGESTIONS:**

Craft night

PVI/PSI'S

Back to Front Rehearsal

Choreography/showmanship night

Director coaches, assistants direct