

Creating a Charmed Sweet Adeline Director's Life

- **Follow Your Heart** – Accomplishing your daily goals has a place, but the heart has a valid agenda of its own.
- **Co-Exist Gracefully with the Unresolved** - We build the courage to get through the substantial trials by learning to cohabit serenely with the trivia.
- **Retire the “Too-Too”** - When you cease limiting your possibilities, you can live so that every day brings gifts.
- **Grow Through the Hard Times** - Once you grasp the concept that life operates in a rhythmic, cyclic pattern, expecting the best includes expecting the pattern. “This isn’t the end of the story. It’s just a twist in the plot.”
- **Acknowledge All Blessings** – Counting your blessings maintains a charmed life as surely as monthly touch-ups maintain your hair color.
- **Come Up With Quick Connections** – Fast Food for a Charmed Life – Have a childlike moment; admit when you’re wrong; pay an honest compliment; complete a small task; smile; stretch.
- **Be a Midwife for Dreams** – When you act as a midwife for the dreams of others you watch their possibilities take shape and become part of a network of people who are eager to assist when it’s your turn to bring a new dream into being.
- **Accept Things as They Are** – There are two ways to be happy: getting what you want and wanting what you’ve got. That’s not settling for less – it’s being content moment by moment so your creative juices can be released.
- **Embrace Imperfection** – Working on yourself (or your chorus) is one thing. Working yourself (or them) over is something else. Expect growth to follow the “two steps forward, one step back” pattern. That’s how everyone grows.